

### Information and Consent form for Acumamas

- Acupuncture means the insertion of fine sterile needles into points located on the surface of the body. The needles are inserted through the skin into underlying tissue and muscle. It is done for the purpose of treating pain as well as other existing medical conditions.
- Moxibustion is the stimulation of a point using the healing properties of a heated herb.
- Cupping is a specialized cup that creates suction and is applied to special parts of the body to move static blood.
- Electro-acupuncture is when the acupuncture needles are stimulated by a high electric frequency that causes the relaxation of a muscular area as well as the release natural endorphins in the body.
- The herbs and nutritional supplements from plant, animal and mineral sources that have been recommended are traditionally considered safe in the practice of Chinese Medicine, although some may be toxic in large doses or inappropriate during pregnancy.

Potential risks of acupuncture include: infection (rare), bruising and mild bleeding, discomfort, slight pain at needle insertion, fainting, nausea, tiredness or weakness afterward, worsening of existing symptoms for a short period of time (however this is usually followed by a noticeable improvement). It is recommended that if a patient feels faint or dizzy after a treatment that they do not drive.

Potential risks of Chinese Herbal Medicine : Chinese herbs are generally very safe. When taking Chinese herbs for the first time it's usual to have mild digestive upset for the first few days. If this continues more than 3 days or you have severe digestive upset stop taking the herbs and let your practitioner know. As with exposure to any new food there is always risk of an allergy. This is very RARE but should you feel shortness for breath or develop a skin rash STOP taking the herbs. If symptoms are severe such as anaphylaxis go immediately to the hospital.

Benefits of acupuncture and/or herbal medicine include: relief of pain, improvement of current medical conditions and better sense of wellbeing.

The practitioner cannot be expected to anticipate all possible risks and complications that may arise in each individual case. It is the responsibility of the patient to inform their practitioner if they have experienced fainting or convulsions , if they have a bleeding disorder , if they have a pacemaker or other electrical medical implants , if they are pregnant , if they are taking any medication considered to be blood thinners (anti-coagulants) or any other medication, if they have damage to their heart valves or have risk of infection and any known life threatening food allergy and allergies to silicone.

It is understood that a R.Ac./Dr.TCM is only able to use traditional Chinese Medicine diagnostic techniques and is not able to make a western diagnosis, and that nothing said in the course of a session should be construed as such.

All patient information is kept private and confidential. All personal information collected by the practitioner is completely confidential, and will not be shared without written consent from the client, except where required by Canadian or Provincial Law.

I have read the above and understand the risks and the complications that may be involved with an acupuncture treatment and Chinese herbal medicine.

By signing below, I voluntarily consent to the administration of acupuncture needles and other related Traditional Chinese Therapies by Renee Taylor R.Ac., Estefania Orta R.Ac., and Lisa Davicioni R.Ac. I have stated all my known medical conditions and answered all questions honestly. I trust my practitioner to exercise judgment during the course of my treatment(s), to apply those treatments, which she feels at the time, based on the facts known, are in my best interest. I understand that I may refuse treatment at any time.

\_\_\_\_\_  
Patient name printed

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient Signature